



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Week		01 Sorghum rice Rice cake soup②② Pork bulgogi with bean sprouts②②② Seasoned bok choy②② Seasoned seaweed flakes Homemade radish kimchi /radish kimchi②② 626kcal (C98P30F12)	02 Margherita pizza②②②②② Homemade fried squid②②②② Fruit Wedge potatoes Lettuce salad (Caesar dressing) ②②②②② 639kcal (C92P33F13)	03 Black rice Soybean paste stew②② Pork bossam②/ssamjang②② Korean japchae②②② Seasoned eggplant②② Non-spicy kimchi② /Young Radish Kimchi②② 625kcal (C96P31F12)	04 Bolognese lasagna②②②②②②② Onion soup②② Honey garlic chicken wings②②②② Stir-fried green beans②② Radicchio salad (Apple dressing)② 638kcal (C90P32F14)
Snack		Homemade french toast ②②② /Fruit & vegetable juice 185Kcal	Twisted doughnut②②② /Organic milk② 185Kcal	Chiffon cake②②② /Pear & bellflower root juice 184Kcal	Rice cake②②② /Homemade strawberry juice 181Kcal
2 Week	07 Toowoomba spaghetti②②②②②② Pork Tenderloin chop steak②②② Fruit Assorted vegetable salad (Italian dressing)② Homemade assorted pickles 639kcal (C92P33F13)	08 Millet rice Yukgaejang with green onion②②②② Dakgalbi②② Seasoned Tofu & napa cabbage②② Braised mini king oyster mushrooms②② Homemade radish kimchi/radish kimchi②② 626kcal (C98P30F12)	09 Homemade hamburger steak②②②②②②② /Demi-glaze sauce②②②②② Cream soup②② Rice Grilled zucchini & broccoli Corn salad (Corn salad dressing)②②② 639kcal (C92P33F13)	10 Mixed grain rice Perilla seed seaweed soup②② Beef bulgogi with green onion②②② Stir-fried anchovies Seasoned vitamin greens②② Non-spicy kimchi② /radish kimchi②② 638kcal (C90P32F14)	11 Tomato ramen ②②②②②②② Homemade chicken tenders②②②② /honey mustard②② Mini croissant②②②② Grapefruit ade cabbage salad (Oriental dressing)②②② 639kcal (C92P33F13)
Snack	Squid Fish Cake②②②②② /Homemade Mango Juice 186Kcal	Korean wheat bungeoppang②②②② /Organic milk② 182Kcal	2 Kinds of fruit 172Kcal	Steamed corn / Orange juice 179Kcal	Steamed dumplings ②②②②②②②② /Organic milk② 186Kcal
3 Week	14 Rice Mapo tofu sauce②②②② Stir-fried pork & bell peppers②②②② &steamed flower buns②② Organic yogurt② House salad② (Ranch dressing)②②② 639kcal (C92P33F13)	15 Brown rice Bean sprout soup② Grilled smoked duck②②②②②② Tteokbokki②② Whole grain cucumber salad Non-spicy kimchi② /radish kimchi②② 638kcal (C90P32F14)	16 Pork kimchi quesadilla ②②②②②②②② &sour cream② Homemade fish cutlet②②② Fruit Baby greens salad (Balsamic dressing)②②② Homemade assorted pickles 639kcal (C92P33F13)	17 Rice Malabar spinach soup②② Stir-fried beef with oyster sauce②②②②② Chive pancake②② /seasoned soy sauce②② Mung bean jelly salad②② Non-spicy kimchi② /radish kimchi②② 625kcal (C96P31F12)	18 Vongole spaghetti②②②② BBQ chicken②②②②②② Homemade oven-baked okonomiyaki②②②②②② Grape pudding Katsubushi tofu salad②② (Sesame dressing)②② 639kcal (C92P33F13)
Snack	2 Kinds of fruit 172Kcal	Homemade chocolate chip muffin②②②②/Organic milk② 184Kcal	Roasted baby potatoes /Homemade apple & carrot juice 182Kcal	Korean wheat yagwa② /Tropical juice 177Kcal	Assorted cereal②② /Organic milk② 180Kcal
4 Week	Chuseok Holiday				
Snack					
5 Week	28 Bulgogi pizza②②②②②②② Carrot soup②② Crispy fried shrimp②②②② /Sweet chili sauce②②② Tropical fruit salad ② (Mango dressing)②②②② Homemade cucumber pickles 639kcal (C92P33F13)	29 Barley rice Kimchi stew②②② Soy sauce pork stir-fry②②② Plain roasted seaweed / seasoned soy sauce②② Bell pepper cold salad Homemade radish kimchi /radish kimchi②② 638kcal (C90P32F14)	30 Rice Sweet potato chicken curry ②②②②②②②② Galbi fried dumplings②②②②②② Squeeze yogurt② Vitamin salad (Balsamic dressing)②② 626kcal (C98P30F12)	* Ingredient Information * Ham/Sausage: Domestic antibiotic-free (5-Free or 7-Free products) Eggs: Domestic animal welfare fertilized eggs or antibiotic-free eggs Kizmeal carefully selects high-quality eco-friendly and locally sourced ingredients. By minimizing processed foods with artificial additives, we support the development of healthy eating habits and balanced nutrition.	
Snack	Abalone porridge② 183Kcal	Homemade roll cheese muffin ②②②/Organic plum tea 184Kcal	2 Kinds of fruit 172Kcal		



Country of Origin Information

Rice (local organic), brown rice, black rice, glutinous rice (local eco-friendly), beef (local), pork (local), chicken (local), duck meat (local, antibiotic-free), soft tofu, tofu, soybean curd (soybean - local), kimchi made with cabbage (cabbage - local, red pepper powder - local), anglerfish, squid, mackerel, flower crab (local), pollock (Russian), tuna (oceanic), dried bonito flakes (Indonesian)

The above country of origin information may be subject to change due to unavoidable circumstances related to the availability of ingredients.

②Eggs ②Milk ②Buckwheat ②Peanuts ②Soybeans ②Wheat ②Mackerel ②Crab ②Shrimp ②Pork ②Peach ②Tomato ②Sulphites (Sulfur Dioxide) ②Walnut ②Chicken ②Beef ②Squid ②Shellfish (including oyster, abalone, and mussel) ②Pine Nuts

● kcal: kilocalorie, C: Carbohydrate, P: Protein, F: Fat, g: gram

Portion sizes are based on the average serving per person and may vary depending on individual intake.

* The above menu is subject to change depending on food supply availability. | Kizmeal Sang a Park Nutritionist qlqlem5@kizmeal.com



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Week		01 Sorghum rice Rice cake soup🍵🍵 Soybean bulgogi🍵🍵 Seasoned bok choy🍵🍵 Seasoned seaweed flakes Homemade radish kimchi /radish kimchi🍵🍵 626kcal (C98P30F12)	02 Margherita pizza 🍵🍵🍵🍵 Homemade fried squid 🍵🍵🍵 Fruit Wedge potatoes Lettuce salad (Caesar dressing) 🍵🍵🍵🍵 639kcal (C92P33F13)	03 Black rice Soybean paste stew🍵🍵 Vegetable neobian🍵🍵 Korean japchae🍵🍵 Seasoned eggplant🍵🍵 Non-spicy kimchi🍵 /Young Radish Kimchi🍵🍵 625kcal (C96P31F12)	04 Bolognese lasagna 🍵🍵🍵🍵 Onion soup🍵🍵 Honey garlic chicken🍵🍵🍵 Stir-fried green beans🍵🍵 Radicchio salad (Apple dressing)🍵 638kcal (C90P32F14)
Snack		Homemade french toast 🍵🍵🍵 /Fruit & vegetable juice 185Kcal	Twisted doughnut🍵🍵🍵 /Organic milk🍵 185Kcal	Chiffon cake🍵🍵🍵 /Pear & bellflower root juice 184Kcal	Rice cake🍵🍵🍵 /Homemade strawberry juice 181Kcal
2 Week	07 Toowoomba spaghetti 🍵🍵🍵 Lamb chop steak🍵🍵 Fruit Assorted vegetable salad (Italian dressing)🍵 Homemade assorted pickles 639kcal (C92P33F13)	08 Millet rice Yukgaejang🍵🍵 Dakgalbi🍵🍵 Seasoned tofu & napa cabbage🍵🍵 Braised mini king oyster mushrooms🍵🍵 Homemade radish kimchi/radish kimchi🍵🍵 626kcal (C98P30F12)	09 Vegetable hamburger steak🍵🍵🍵 /Demi-glaze sauce🍵🍵🍵 Cream soup🍵🍵 Rice Grilled zucchini & broccoli Corn salad (Corn salad dressing)🍵🍵🍵 639kcal (C92P33F13)	10 Mixed grain rice Perilla seed seaweed soup🍵🍵 Green onion soybean bulgogi🍵🍵 Stir-fried anchovies Seasoned vitamin greens🍵🍵 Non-spicy kimchi🍵 /radish kimchi🍵🍵 638kcal (C90P32F14)	11 Tomato ramen 🍵🍵🍵🍵 Vegetable fried chicken🍵🍵🍵 /honey mustard🍵🍵 Mini croissant🍵🍵🍵 Grapefruit ade Cabbage salad (Oriental dressing)🍵🍵🍵 639kcal (C92P33F13)
Snack	Squid Fish Cake🍵🍵🍵🍵 /Homemade Mango Juice 186Kcal	Korean wheat bungeoppang🍵🍵🍵 /Organic milk🍵 182Kcal	2 Kinds of fruit 172Kcal	Steamed corn / Orange juice 179Kcal	Steamed dumplings 🍵🍵🍵🍵 /Organic milk🍵 186Kcal
3 Week	14 Rice Mapo tofu sauce🍵🍵 Vegetable tteokgalbi🍵🍵 &steamed flower buns🍵🍵 Organic yogurt🍵 House salad🍵 (Ranch dressing)🍵🍵 639kcal (C92P33F13)	15 Brown rice Bean sprout soup🍵 Grilled chicken🍵🍵🍵 Tteokbokki🍵🍵 Whole grain cucumber salad Non-spicy kimchi🍵 /radish kimchi🍵🍵 638kcal (C90P32F14)	16 Kimchi cheese quesadilla 🍵🍵🍵🍵🍵&sour cream🍵 Homemade fish cutlet🍵🍵 Fruit Baby greens salad (Balsamic dressing)🍵🍵 Homemade assorted pickles 639kcal (C92P33F13)	17 Rice Malabar spinach soup🍵🍵 Oyster sauce stir-fried lamb🍵🍵 Chive pancake🍵🍵 /seasoned soy sauce🍵🍵 Mung bean jelly salad🍵🍵 Non-spicy kimchi🍵 /radish kimchi🍵🍵 625kcal (C96P31F12)	18 Vongole spaghetti🍵🍵🍵 BBQ chicken🍵🍵🍵 Homemade oven-baked okonomiyaki🍵🍵🍵 Grape pudding Katsuoobushi tofu salad🍵 (Sesame dressing)🍵 639kcal (C92P33F13)
Snack	2 Kinds of fruit 172Kcal	Homemade chocolate chip muffin🍵🍵🍵/Organic milk🍵 184Kcal	Roasted baby potatoes /Homemade apple & carrot juice 182Kcal	Korean wheat yagwa🍵 /Tropical juice 177Kcal	Assorted cereal🍵🍵 /Organic milk🍵 180Kcal
4 Week	 Chuseok Holiday				
Snack					
5 Week	28 Tomato & cheese pizza🍵🍵🍵 Carrot soup🍵 Crispy fried shrimp🍵🍵 /Sweet chili sauce🍵🍵 Tropical fruit salad 🍵 (Ranch dressing)🍵🍵 Homemade cucumber pickles 639kcal (C92P33F13)	29 Barley rice Kimchi stew🍵🍵 Soy sauce stir-fried chicken🍵🍵 Plain roasted seaweed / seasoned soy sauce🍵 Bell pepper cold salad Homemade radish kimchi /radish kimchi🍵 638kcal (C90P32F14)	30 Rice Sweet potato chicken curry🍵🍵🍵 Galbi fried dumplings 🍵🍵🍵 Squeeze yogurt🍵 Vitamin salad (Balsamic dressing)🍵🍵 626kcal (C98P30F12)	* Ingredient Information * Ham/Sausage: Domestic antibiotic-free (5-Free or 7-Free products) Eggs: Domestic animal welfare fertilized eggs or antibiotic-free eggs Kizmeal carefully selects high-quality eco-friendly and locally sourced ingredients. By minimizing processed foods with artificial additives, we support the development of healthy eating habits and balanced nutrition.	
Snack	Abalone porridge🍵 183Kcal	Homemade roll cheese muffin 🍵🍵/Organic plum tea 184Kcal	2 Kinds of fruit 172Kcal		



Country of Origin Information

Rice (local organic), brown rice, black rice, glutinous rice (local eco-friendly), beef (local), pork (local), chicken (local), duck meat (local, antibiotic-free), soft tofu, tofu, soybean curd (soybean - local), kimchi made with cabbage (cabbage - local, red pepper powder - local), anglerfish, squid, mackerel, flower crab (local), pollock (Russian), tuna (oceanic), dried bonito flakes (Indonesian)

The above country of origin information may be subject to change due to unavoidable circumstances related to the availability of ingredients.

©Eggs ©Milk ©Buckwheat ©Peanuts ©Soybeans ©Wheat ©Mackerel ©Crab ©Shrimp ©Pork ©Peach ©Tomato
©Sulphites (Sulfur Dioxide) ©Walnut ©Chicken ©Beef ©Squid ©Shellfish (including oyster, abalone, and mussel) ©Pine Nuts

● kcal: kilocalorie, C: Carbohydrate, P: Protein, F: Fat, g: gram

Portion sizes are based on the average serving per person and may vary depending on individual intake.

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	MONDAY 월	TUESDAY 화	WEDNESDAY 수	THURSDAY 목	FRIDAY 금
1주		01 수수밥 떡국③⑥ 제육숙주불고기③⑥⑩ 청경채나물③⑥ 건파래자반 수제깍두기/깍두기③⑥ 626kcal (C98P30F12)	02 마리제리파피자 ①②③④⑤⑥⑦ 수제오징어튀김①③④⑦ 과일 웨지감자 양상추샐러드 (시저드레싱)①②③④⑤⑥ 639kcal (C92P33F13)	03 흑미밥 된장찌개③⑥ 돈육보쌈⑩/쌈장③⑥ 한식잡채③⑥⑩ 가지무침③⑥ 백김치⑤/열무김치③⑥ 625kcal (C96P31F12)	04 볼로네제라자나 ①②③④⑤⑥⑦⑩ 어니언스프②⑥ 허니갈릭닭wing구이③⑥⑩ 그린빈스볶음③⑥ 라디치오샐러드 (사과드레싱)⑤ 638kcal (C90P32F14)
오전		수제프렌치토스트①②⑥ /과채주스 185Kcal	파배기도넛①②⑥ /유기농우유② 185Kcal	쉬폰케이크①②⑥ /배도라지주스 184Kcal	바람떡⑤⑥⑩/수제말기주스 181Kcal
2주	07 투움바스파게티 ①②③④⑤⑥⑩ 돈안심참스테이크③⑥⑩ 과일 모듬채소샐러드 (이탈리안드레싱)⑤ 수제모듬피클 639kcal (C92P33F13)	08 기장밥 대파육개장③⑥⑩ 닭갈비⑤⑥ 두부배추나물무침③⑥ 미니새송이조림③⑥ 수제깍두기/깍두기③⑥ 626kcal (C98P30F12)	09 수제함박스테이크 ①②③④⑤⑥⑩⑩ /데미소스②⑤⑥⑦⑩ 크림스프②⑥ 쌀밥 애호박&브로콜리구이 콘샐러드 (콘샐러드드레싱)①②③⑥ 639kcal (C92P33F13)	10 혼합잡곡밥 들깨미역국③⑥ 대파소불고기③⑥⑩ 바삭멸치볶음 비타민무침③⑥ 백김치⑤/포기김치③⑥ 638kcal (C90P32F14)	11 토마토라멘 ①②③④⑤⑥⑦⑩ 수제치킨텐더①③④⑥⑩ /허니머스타드①⑥ 미니크로와상①②③⑥ 자몽에이드 양배추샐러드 (오리엔탈드레싱)③⑥⑩ 639kcal (C92P33F13)
오전	오징어바③⑥⑦⑩⑩ /수제망고주스 186Kcal	우리밀붕어빵①②③⑥ /유기농우유② 182Kcal	과일2종 172Kcal	찐옥수수/오렌지주스 179Kcal	포자찐만두①②③④⑤⑥⑦⑩⑩⑩ /유기농우유② 186Kcal
3주	14 백미밥 마파두부소스③⑥⑩ 돈채피랑볶음③⑥⑩ &꽃빵③⑥ 유기농요구르트② 하우스샐러드⑦ (랜치드레싱)①②③⑥ 639kcal (C92P33F13)	15 현미밥 콩나물국⑤ 훈제오리구이①②③④⑥⑩ 국물떡볶이③⑥ 홀그레인오이무침 백김치⑤/포기김치③⑥ 638kcal (C90P32F14)	16 제육김치케사디아 ①②③④⑤⑥⑦⑩⑩&사워크림② 수제생선커플렛①③⑥ 과일 베이비채소샐러드 (발사믹드레싱)③⑥⑩ 수제모듬피클 639kcal (C92P33F13)	17 백미밥 아육국③⑥ 굴소스소고기볶음③⑥⑩⑩⑩ 부추전⑤/양념장③⑥ 탕평채③⑥ 백김치⑤/포기김치③⑥ 625kcal (C96P31F12)	18 봉골레스파게티①②③⑥⑩ 바베큐치킨구이③⑥⑦⑩⑩⑩ 수제오븐오꼬노미야끼 ①⑤⑥⑦⑩⑦ 포도푸딩 가쓰오부두샐러드③⑥ (참깨드레싱)①⑥ 639kcal (C92P33F13)
오전	과일2종 172Kcal	수제초코칩머핀①②③⑥ /유기농우유② 184Kcal	알감자구이/수제사과당근주스 182Kcal	우리밀약과⑤/트로피컬주스 177Kcal	모듬씨리얼⑤⑥/유기농우유② 180Kcal
4주					추석연휴
오전					
5주	28 불고기피자 ①②③④⑤⑥⑩⑩ 당근스프②⑥ 알새우튀김①⑤⑥⑥ /스위트칠리소스③⑥⑦⑩⑩ 열대과일샐러드⑩ (망고드레싱)①②③⑥⑩ 수제오이피클 639kcal (C92P33F13)	29 보리밥 김치찌개③⑥⑥ 간장돈육볶음③⑥⑩ 무조미김/양념간장③⑥ 파프리카냉채 수제깍두기/깍두기③⑥ 638kcal (C90P32F14)	30 백미밥 고구마치킨카레소스 ②⑤⑥⑦⑩⑩⑦⑦ 갈비근만두②⑤⑥⑦⑩⑩ 짜먹는요거트② 비타민샐러드 (발사믹드레싱)③⑥ 626kcal (C98P30F12)	* 원재료 표시안내 * 햄/소시지(무항생제, 국내산 5無 또는 7無), 달걀(국내산 동물복지 유정란 또는 무항생제란) 키즈밀은 엄선된 친환경 및 국내산 식자재를 선별하여 사용하고, 화학첨가물이 들어있는 가공식품은 최대한 배제하여 올바른 식습관 확립 및 균형 잡힌 영양을 제공합니다.	
오전	전복죽⑩ 183Kcal	수제롤치즈머핀①②③⑥ /유기농매실차 184Kcal	과일2종 172Kcal		



원산지 표기

쌀·현미·흑미·참쌀(국내산 친환경), 소고기(국내산 육우), 돼지고기(국내산), 닭고기(국내산), 오리고기(국내산 무항생제), 순두부·두부·콩비지(콩: 국내산), 배추김치(배추: 국내산, 고춧가루: 국내산), 아귀·오징어·고등어·꽃게(국내산), 명태(러시아산), 다랑어(원양산), 가다랑어포(인도네시아산)
 상기 원산지는 식자재 수급 사정에 따라 부득이하게 변경될 수 있습니다.



	MONDAY 월	TUESDAY 화	WEDNESDAY 수	THURSDAY 목	FRIDAY 금
1주		01 수수밥 떡국③⑥ 콩불고기③⑥ 청경채나물③⑥ 건파래자반 수제깍두기/깍두기①②⑥ 626kcal (C98P30F12)	02 마리제리따피자 ①②③④⑤⑥⑦ 수제오징어튀김①③④⑦ 과일 웨지감자 양상추샐러드 (시저드레싱)①②③④⑤⑥⑦ 639kcal (C92P33F13)	03 흑미밥 된장찌개③⑥ 베이컨비어니③⑥ 한식잡채③⑥ 가지무침③⑥ 백김치⑤/열무김치⑤⑥ 625kcal (C96P31F12)	04 볼로네제라자나 ①②③④⑤⑥ 어니언스프②⑥ 허니칼릭닭구이③④⑤⑥ 그린빈스볶음③⑥ 라디치오샐러드 (사과드레싱)⑤ 638kcal (C90P32F14)
오전		수제프렌치토스트①②⑥ /과채주스 185Kcal	파배기도넛①②⑥ /유기농우유② 185Kcal	쉬폰케이크①②⑥ /배도라지주스 184Kcal	바람떡⑤⑥⑦/수제말기주스 181Kcal
2주	07 투움바스파게티 ①②③④⑤ 양고기잡스테이크③⑥ 과일 모듬채소샐러드 (이탈리안드레싱)⑤ 수제모듬피클 639kcal (C92P33F13)	08 기장밥 채개장③⑥ 닭갈비④⑥ 두부배추나물무침③⑥ 미니새송이조림③⑥ 수제깍두기/깍두기③⑥⑦ 626kcal (C98P30F12)	09 베이징박스테이크 ①②③④⑤ /데미소스②⑤⑥⑦ 크림스프②⑥ 쌀밥 애호박&브로콜리구이 콘샐러드 (콘샐러드드레싱)①②③⑤ 639kcal (C92P33F13)	10 혼합잡곡밥 들깨미역국③⑥ 대파콩불고기③⑥ 바삭멸치볶음 비타민무침③⑥ 백김치⑤/포기김치⑤⑥ 638kcal (C90P32F14)	11 토마토라멘 ①②③④⑤⑥ 베이치킨텐더①⑤⑥ /허니머스타드①⑥ 미니크로와상①②③⑥ 자몽에이드 양배추샐러드 (오리엔탈드레싱)③⑥⑦ 639kcal (C92P33F13)
오전	오징어바③④⑤⑥⑦⑧ /수제망고주스 186Kcal	우리밀붕어빵①②③④⑤ /유기농우유② 182Kcal	과일2종 172Kcal	찐옥수수/오렌지주스 179Kcal	찐만두①②③④⑤⑥⑦⑧ /유기농우유② 186Kcal
3주	14 백미밥 마파두부소스③⑥ 베이직갈비③⑥ &꽃빵③⑥ 유기농요구르트② 하우스샐러드⑦ (랜치드레싱)①②⑤ 639kcal (C92P33F13)	15 현미밥 콩나물국⑤ 치킨구이①②③④⑤⑥⑦⑧ 국물떡볶이③⑥ 홀그레인오이무침 백김치⑤/포기김치⑤⑥ 638kcal (C90P32F14)	16 김치케사디아 ①②③④⑤⑥⑦&사워크림② 수제생선커렛①⑥⑥ 과일 베이비채소샐러드 (발사믹드레싱)⑤⑥⑦ 수제모듬피클 639kcal (C92P33F13)	17 백미밥 아욱국③⑥ 굴소스양고기볶음③⑥⑦ 부추전⑤/양념장③⑥ 탕평채③⑥ 백김치⑤/포기김치⑤⑥ 625kcal (C96P31F12)	18 봉골레스파게티①②③④⑤ 바베큐치킨구이③④⑤⑥⑦⑧ 수제오븐오코노미야끼 ①⑤⑥⑦ 포도푸딩 가쓰오부두샐러드⑤⑥ (참깨드레싱)①⑥ 639kcal (C92P33F13)
오전	과일2종 172Kcal	수제초코칩머핀①②③④⑤ /유기농우유② 184Kcal	알감자구이/수제사과당근주스 182Kcal	우리밀약과⑤/트로피컬주스 177Kcal	모듬씨리얼⑤⑥/유기농우유② 180Kcal
4주	추석연휴				
오전					
5주	28 토마토치즈피자 ①②③④⑤⑥⑦ 당근스프②⑥ 알새우튀김①⑤⑥⑦ /스위트칠리소스③⑥⑦⑧ 열대과일샐러드⑦ (랜치드레싱)①②⑤ 수제오이피클 639kcal (C92P33F13)	29 보리밥 김치찌개③④⑤⑥ 간장치킨볶음③④⑤⑥ 무조미김/양념간장③⑥ 파프리카냉채 수제깍두기/깍두기③⑥⑦ 638kcal (C90P32F14)	30 백미밥 고구마치킨카레소스 ②⑤⑥⑦⑧⑨⑩⑪⑫⑬⑭⑮⑯⑰⑱⑲⑳㉑㉒㉓㉔㉕㉖㉗㉘㉙㉚㉛㉜㉝㉞㉟㊱㊲㊳㊴㊵㊶㊷㊸㊹㊺㊻㊼㊽㊾㊿ 군만두①②③④⑤⑥⑦⑧⑨⑩⑪⑫⑬⑭⑮⑯⑰⑱⑲⑳㉑㉒㉓㉔㉕㉖㉗㉘㉙㉚㉛㉜㉝㉞㉟㊱㊲㊳㊴㊵㊶㊷㊸㊹㊺㊻㊼㊽㊾㊿ 짜먹는요거트② 비타민샐러드 (발사믹드레싱)⑤⑥ 626kcal (C98P30F12)	* 원재료 표시안내 * 햄/소시지(무항생제, 국내산 5無 또는 7無), 달걀(국내산 동물복지 유정란 또는 무항생제란) 키즈밀은 엄선된 친환경 및 국내산 식자재를 선별하여 사용하고, 화학첨가물이 들어있는 가공식품은 최대한 배제하여 올바른 식습관 확립 및 균형 잡힌 영양을 제공합니다.	
오전	전복죽⑩ 183Kcal	수제롤치즈머핀①②③④⑤ /유기농매실차 184Kcal	과일2종 172Kcal		



원산지 표기

쌀·현미·흑미·잡쌀(국내산 친환경), 소고기(국내산 육우), 돼지고기(국내산), 닭고기(국내산), 오리고기(국내산 무항생제), 순두부·두부·콩비지(콩: 국내산), 배추김치(배추: 국내산, 고춧가루: 국내산), 아귀·오징어·고등어·꽃게(국내산), 명태(러시아산), 다랑어(원양산), 가다랑어포(인도네시아산)
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